

Schull newsletter

Issue 49,
February 2019

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"What's on in Schull"

Wellness Room Schull

Now that we have all emerged from the stupor of the silly season, what better way to kick-start the New Year than a visit down to the Wellness Room in Schull to provide a better focus for body and mind. At the wellness room we offer expert and professional support to empower people in creating a healthy, balanced, active and pain free lives. We have a weekly program of class's and one to one sessions in a spectrum of therapies. All our classes are small, tailored to meet your needs whatever your age, level of ability and focus are.

Pop in during the week with any queries and we can chat to you about what class and therapy would best suit your needs. You can also ring one of us to book a class or treatment. Our Timetable you will find posted around town or on the window outside the room.

Susan Keogh MISCOP, Chartered Physiotherapist 0872335292

Jena Malone, Neuro-muscular physical therapist 0863027439

Holli Massey, Nutrition and lifestyle coach 0838665041

Schull Parent's and Toddlers Group

Come and join us Every Wednesday morning in Schull parish hall from 10-12am during term time. €3 per family. Everyone is welcome.

Schull Bridge Club

We have 5/6 tables in the Parochial Hall every Thursday evening at 8 to 11 p.m. cost €5. Cash prizes. Free lessons (individual or group) are available – Tel 028 28292.

The Schull Harbour Hotel

Are delighted to report that the January trend of being fully booked is continuing into February with every weekend already almost at capacity. Please expect additional footfall up town at weekends.

Enjoy a delicious 3 course meal for two, including bottle of house wine this Valentine's Night for only €70.00 Bookings advised on 028 28801.

The Leisure Centre will close for essential maintenance 11th - 14th Feb. We are confident our new flooring will enhance our members and guest experience in the future.

We are recruiting for team members across all departments for the busy 2019 season.

We are now seeking experienced applicants for reception, food & beverage attendants, housekeeping and leisure centre. Please email CV's to aisling@schullharbourhotel.ie

We would like to take this opportunity to welcome our new Head Chef Pete Marshall to the team who will be cooking up a storm as we head into the spring.

Mizen Care and Repair

Welcome a new member to their team James McKenna.

The van will set sail for Sherkin on the 19th February to give a talk to the islanders about what we do. We are very busy, so please book early and ring John Fox on 085 2381302. Half day's work €20. A full day's work €40.

Schull Community College Parents assoc.

Please note we are hoping to have our annual table quiz night on April 5th in Newman's Bar. Any support by way of sponsorship of raffle/ prizes will be very much appreciated and of course please round up a team to outsmart the quiz-master.

Helen O Sullivan from Bantry lets us know that they are holding a Beef Plan meeting in the Westlodge Hotel on Thursday 21st February at 8pm. It's about like-minded farmers coming together to try and get a fair price for their cattle.

<p>BE AWARE of telephone or email scams. If you are unsure, check before giving out personal information.</p>

Brú Columbanus are delighted to announce that we are moving! After 2½ very happy years in our present premises we have to change venue, thanks to the McCarthy's who have been generous landlords. We are now looking forward to working with our new landlords, Paddy & Nuala Hegarty, as we are moving into their old butcher's shop on the Main Street. Work is underway to convert it from its old purpose, ready for its new incarnation as the vital charity shop which raises much needed and much appreciated funds for the Brú Columbanus facility in Cork City. We will continue to be open at the top of the village and would, of course, love to receive donations of any clothes and items in your life that don't give you 'a spark of joy'! Unfortunately we are not in a position to accept any electrical goods, however we would very much appreciate a heater and dehumidifier for the new shop (get in touch directly if you can help). Follow us on facebook/BruColumbanusSchull for details of what we have for sale and when our move will take place, which will hopefully be by the end of March.

Big Community Performance

Playacting Theatre Productions and Schull Drama Group are collaborating on an exciting community performance. They are seeking actors, artists, musicians and technicians, and issuing an open invitation to adults (over 18's) interested in joining in this production. If you a person who remembers Schull Drama Group's production of 'La Cage Aux Folles' nine years ago and always wished you had been a part of it, then this is your chance to be in a production of a similar scale! There will be a preliminary meeting for interested people to find out more on Monday, February 18th at 7.30 pm, upstairs in Hackett's Bar, Schull. We hope to see you there! If you have questions in the meantime please contact Karen on 085 7492060.

Therapist at Quiet House Retreat, Lissacaha offers Pure Meditation tuition, Pure Healing Energy Therapy, Yoga 1:1 Therapy and Intuitive Counselling. Individual Appointments, Couples & Families. Qualified with over 20 years' experience, Insured and Accredited. Please call Mariananda 083 185 2737. www.quiethousetretreat.com

Christmas Schull Swim in aid of the Cope Foundation

Thank you to everyone who donated to the Cope Foundation Schull Christmas Swim 2018 Via Collection Buckets, Sponsorship Cards & through Private & Online Donations. Cope Foundation Schull Christmas Swim raised €3,260.60. Well done to all.

Schull Drama Group

Save these Dates for a hilarious night out with Schull Drama Groups next performances in March on Fri 8th, Sat 9th, Sun 10th, Thurs 14th and Fri 15th. Starting at 8pm each night

There will be 2 of David Tristram's one act plays; both directed by Terri Lieber. The first is "Coffee Break "a short comedy (15 minutes only) about 2 unlikely old friends who meet by chance in a coffee shop after 20 years. One is downtrodden and one is unabashed and unembarrassed by the extraordinary events of her life including a high profile turn on 'Embarrassing Bodies'!

This will be followed by "Strictly Sex Factor on Ice" about a worse than third rate drama group who attempt to save themselves from financial ruin by amalgamating all the big Saturday night TV shows (Strictly Come Dancing, X Factor and Dancing on Ice) into one spectacular stage show, despite the fact there are only 4 of them, they can't dance or sing and they have no ice. A real fun night out for all the family.

Schull Primary School

Schull Afterschool service, based at Scoil Mhuire National School, are delighted to announce that a new Morning Club service has recently started. In addition to the existing Afterschool service available from 2pm - 6pm daily, there is now a Morning Club available from 8.30 am -9.10 am. The Morning Club can be booked the evening before and the Afterschool can be booked on the day. There's quiet time for homework and lots of fun and games after that! Excellent rates apply, especially when paid in advance, and sibling discounts are also available. Contact us at 087 7754254 or email at schullafterschool@gmail.com.

Community First Responder course will be arranged to take place in the Schull area over the next few weeks. The course will cover Defibrillator use, CPR, Stroke, Heart attack, Choking, Child and infant CPR. The course will take 4 hours and 2 year certificates will be provided. Cost €10. Date to be confirmed.

Contact Susan on 028/27584 Monday – Wednesday to book a place.

Cancer Connect

Claire Barrett, Marconi received a Charity Bus Eireann Ticket for 2 people which is valid until the end of March. The Little Way Charity Shop bought the tickets for €100 – Huge thanks to Nellie Cotter and The Little Way Charity Shop!

Schull Community College

BT YOUNG SCIENTIST & TECHNOLOGY EXHIBITION

Schull Community College had three projects on display at last month's BT Young Scientist & Technology exhibition at the RDS last week and all three were rewarded for their research. Congratulations to Transition Years Daisy Seward and Awinn Harrington-Wieler who were awarded Third place in the Social and Behavioral Sciences Intermediate category. The girls' project, "Road Safety in Rural Ireland: Effects & Solutions", investigated the quality of roads in West Cork, in particular the N71. They carried out an in depth survey of sections of the road using an accelerometer and identified what caused the poor condition of rural West Cork roads and explored possible solutions. Two other Schull projects were Highly Commended by the judges. In the Biological and Ecological category Asa Curran and Matthew Sheehan explored reaction times in sleep deprived young athletes; on the strength of this project the boys have been invited to the Sports Science department at University College Limerick in May to discuss their research. Jess Ryan and Laura Kennedy investigated the very topical issue of plastic macro-debris on our beaches and studied methods of reducing the amount of plastic used in the marine industry. Well done all.

Editor's notes

Many thanks to those of you who have contributed to "What's on in Schull", this month. Remember to have your news into our office on or before the 24th of every month. Email schullnewsletter@gmail.com

SDCC want to have THE BEST Saint Patrick's Day parade this year and are looking for floats, teams, groups etc. Please contact secretary email schulldistrictcc@gmail.com

We also need more members; your interest in what is happening within our community is valued. Contact secretary if you are interested in joining us. Email: schulldistrictcc@gmail.com

Please use these guidelines for
any submissions

- Include all contact details •
- Email submissions to schullnewsletter@gmail.com
- Deadline is 24th of the month

Roxie Courtland
Paratourism & Community Development
Department of Communications,
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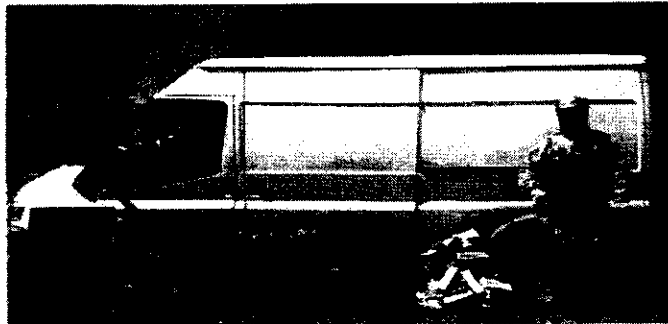
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TEL: 0857580372

dibtechchainsawservices@gmail.com

Derek Baillie, Barley Cove, Goleen.

Important Schull Services:

Schull Credit Union – Opening times - Tuesdays & Fridays 9:30am – 12:30pm and 1:30pm - 5pm.
Saturday 9:30am – 1pm. Phone 028 28666

Derryconnell Civic Amenity Centre – Open Tuesdays and Thursdays
9am – 12:30pm & 1:30pm – 4:20pm. Sat 9am – 1pm.

Mizen Medical Practice – all enquires and appointments phone 028 28311. Out of hours service phone SouthDoc 1850-335-999

AIB Mobile Community Banking – Mondays, Thursdays and Fridays
Ballydehob – 9:30am – 10:30am. Schull – 10:45am – 12:30pm and
1:30pm – 3:30pm. ATM's in Schull outside Brosnan's Centra and also
inside Centra.

Mass Times – Mondays and Fridays 9am Schull.
Tuesdays and Thursdays 10am Goleen. Weds 10am Ballydehob.
Sundays – Ballydehob 9:30am. Schull 10:30am & Goleen 12noon.

Church of Ireland Services – Sundays Schull 10am.
Toormore 11:30am. Ballydehob 11:30am.

Schull Garda Station – 028 - 28111

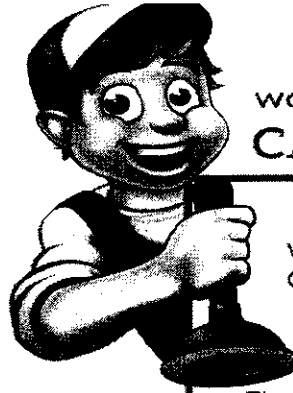
Drinagh Pharmacy Schull – Phone 028 - 28108

Bus Times Schull – Cork Mondays – Saturdays 8:10am & 12:40pm
From Old Bank. Also check Bus Éireann on line.

Schull Library Opening Hours: Tuesday, Thursday & Friday – 2.30pm-
5.30pm. Wednesday – 9.30am-1pm & 2pm-5.30pm. Saturday –
9.30am-1:30pm. Closed on Saturdays of bank holiday weekends.
Closed Mondays.

Schull Garda Station

It is expected that our Garda Station will re-open again mid-
February and be operational a week or so later.



Up & Running and waiting for your call..
CARE & REPAIR

We are here to help
CALL: 085 2381302

The aim of this service is to help people stay in their own homes and communities by carrying out small repairs and jobs.

We charge a small fee to cover running costs of €40 per day or €20 half day.



The service is being run by volunteers,
Thankyou for your support

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