

Schull newsletter

Issue 35, January 2018

The outdoors is one of the best gym environments in which to get fit and active. Wednesday mornings, starting Wednesday 17th January, morning outdoor **fitness classes** will be taking place in Schull. Meeting by the tennis courts @ 09.20, participants will sample a series of exercises including circuit training, boxercise and core work. A fun, varied workout, suited for all fitness levels, with some of the best gym views in the country. Contact Deirdre 086 240 4709

Cork Sports Partnership in partnership with the HSE Health Promotion & Improvement Division and Physiotherapy Department is running its second **Staying Fit For The Future** 8-week exercise programme commencing Tuesday 16th January 11am - 12 noon in Durrus Community Hall. The programme focuses on improving strength and balance as well as general aerobic fitness, and is suitable for adults who walk unaided and want to stay strong on their feet and falls free for life. Please contact Cork Sports Partnership on 021 4347096 to book a place or to find out more information.

The **HSE** are recruiting home helps in the Mizen/Schull/Ballydehob/Church Cross areas. Flexible hours. To apply tel: 028-40574

The rescheduled musical "**Sister Act**" will now take place on Sunday 14th January at 5pm and Monday 15th January at 7pm.

Schull Community College Open Evening will take place on Thursday January 25th 2018.

I would like to take this opportunity to thank **Adrienne** at MCS who always finds time to print up the newsletter even when I leave it until the last minute! I would also like to thank **Karen Minihan** who often proofreads my work...if there are any mistakes it is because I again left it to the last minute and haven't given her the copy! Juliaxx

Please use these guidelines for any submissions

- Include all contact details • Email submissions to schullnewsletter@gmail.com
- **Deadline is 24th of the month**

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We hope you all had a very Merry Christmas and that you got to spend time with your nearest and dearest. Thank you all for making the festive period in Schull such a joy. It was always so great to drive into the village and see all the beautiful decorations ~ it positively sparkled! This had a huge impact on visitors. There were many posts on social media praising the effort made!

We are looking forward to a dynamic, fun filled and productive year. Your **Community Council** will be continuing their work that benefits the village and surrounding areas. As always the work carried out is done so by a handful of dedicated people ~ **would you consider getting involved?!**

There are many organizations that would profit from your contribution, be it a specific expertise (graphic design, accounting, creating, etc) willing manpower (marshaling, moving equipment, etc), or simply being there and joining in.

- We are known for our public events; **St Patrick's Day, Calves Week, Halloween and Christmas**. Help is always needed making these spectacles happen so any ideas and creativity are welcome.
- The **Fastnet Film Festival** celebrates their 10th anniversary so it promises to be an epic week in May ~ they are looking for volunteers leading up to and during the festival.
- Plans are in place to introduce some way-marked **cycle routes** for leisure cyclists and families (and also some arduous ones for those that are more adventurous!). We also are planning to build upon the great work done in previous years in establishing the **walks** around Schull (thank you Tom McCarthy, Denis Quinlan & Joanne Bennett) and plan to add historical points of interest and informational signage.

- The **defibrillator group** is always looking for first responders to train. As a rural community this service could be a life saving one!
- **Schull Triathlon Club** host at least 3 events each year, marshals and spectators always needed!
- **Schull Regatta** is now a big weekend in the summer, this is put together by a small hardworking team, they would be delighted to have help!
- **Schull Agricultural Show** happens every year and is again organized by a small committee. Plan to get involved or to participate in the numerous show categories.
- One of our most important volunteer groups is **Schull Tidy Town**, without their hard work we wouldn't look so great! Get involved either by picking up rubbish or helping with their many beautification /educational projects.
- **Schull Twinning** are continuing their work with our twin Le Guinvinec ~ a great opportunity to experience another culture and polish your french!
- **FMOEC** is celebrating its 20th birthday ~ there are plans for celebrations this coming year.
- All the organizations for our children; **GAA, Bunratty United, Girl Guides, Boy Scouts** etc. would all appreciate your support.
- **Schull Drama Group** has plans for some more exciting productions this coming year and they are always delighted with good audiences!
- **Flag days** are an important part of fundraising for all organizations ~ give generously!

There are surely other groups, but you get the message, a little contribution by many will have a huge impact ~ so make 2018 the year to get involved.

Schull Business & Tourism Association would like to wish everyone a Happy New Year and we look forward to another exciting year in Schull & on the Mizen. They will be working with the businesses and tourism activities of the locality to sustain and develop the area as a great place to live and thrive. The New Year kicks off with preparing for the 41st edition of the **Schull Guide** and as always they will be looking for advertisers. If you have any events, activities, and information for inclusion, or would like to advertise in the Guide or on the website please contact them on info@schull.ie.

Years of dreaming and months of hard work have culminated in the opening of a new afterschool childcare service at Scoil Mhuire National School. **Schull Afterschool Club** has been made possible through a combination of DCYA (Department of Children and Youth Affairs) capital funding and locally raised funds. The Club is being run by Schull Community Preschool Ltd with newly appointed staff who are fully qualified and well experienced in providing care and running activities for school aged children. A programme of activities each day has been put in place to cater for a wide range of interests and to ensure each child can engage and enjoy themselves regardless of age and ability. A dedicated room has been refurbished with soft seating area for relaxing, a kitchen for cookery activities, benches for art and craft and new school seats and desks for homework (yes, homework is catered for everyday, except Fridays!). There is a well-stocked library area and plenty of games, as well as a computer for project research. The Club will begin by opening during term time from 8th January to 21st June 2018 from 2pm-5.45pm each day. Enrolment forms are available at the national school office or by emailing schullafterschool@gmail.com or by texting the afterschool phone number – 087 7754254. It is important that any child who wishes to use the service (even on an occasional basis) must first be enrolled, so parents are encouraged to sign up, just in case! More information on the service, activities and fees is available by email or text.

An **Open Evening** for parents and guardians of children in the school will be held from 5.30 to 6pm on Wednesday 10th January. Pop in and have a look at the great facilities and meet the Afterschool Leader. Many people have been involved in the making this project a reality which we hope will be of great benefit to the community. With great thanks to all who have given their time and hard work, we wish everybody involved the very best in Schull Afterschool Club.